

CTF Techniques

Por Carlos Velez

Introduction

What is it, why is it important?

01

Statistics

It is growing and recruiters are looking for talent

Types of CTF

Many options with different difficulty levels

02

Tools

Some of the essential tools for CTF Competitions

Challenges

Some of the challenges of the most important CTFs

03

Resources

Lots of information, writeups, repos

INTRO



British soldiers capturing French flag (Pinterest).



Children game where each team attempt to capture the opposing team's flag (Persil).







INTRO



- ...is a computer security competition where teams/individuals compete to solve challenges of varying difficulty (usually increasing) to score points.
- Realistic problems with realistic solutions.
- Some of the famous CTFs (CTFtime).











TYPES OF CTFs

Hack quest

SANS holyday Challenge

Attack & Defend

National Collegiate
Cyber Defense



Wargames

overthewire

Jeopardy

National Cyber League

- Single-user vs. multi-user
- Single targets vs. multiple targets
- Competitive vs. collaborative
- Short and focused vs. long-term
- Local vs. remote
 - Defensive, offensive, analytical

TYPES OF CHALLENGES (CATEGOERIES)

Cryptography

Lots of math!

Reverse Engineering

How it works, what can you get?

Forensics

Looking for evidence

Exploitation

Break it!

Web Applications

Get information!

CTF Characteristics:

- divides a problem into smaller pieces (challenges, flags)
- measure progress (score)
- create a sense of accomplishment (rewards, achievements)
- instill a sense of competition (leader board)
- directly applies theory
- is great fun!

Why CTF?

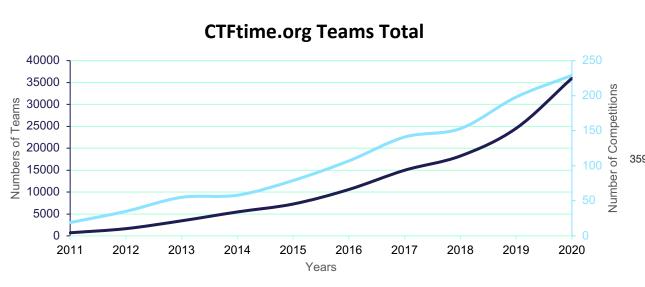
- To practice your hacking skills in a realistic environment
- Compete with other hackers
- Getting good at it = find a good job opportunity
- Is great fun!





CTFtime

Top 10 countries by team count





Nacional Cyber League (NCL) (Spring 2017) Report

- Must be affiliated to a US institution
- Defensive and offensive puzzles
- Based on CompTIA Security+
 and EC-Council CEH exams
- Open Source Intelligence,
 Scanning, Enumeration and
 Exploitation, Password
 Cracking, Traffic Analysis, Log
 Analysis, Wireless Security,
 Cryptography, and Web
 Application Security.

Category	Bracket	Bracket Rank	National Rank	Total Score	Total Flag Capture	Total Flag Attempts	Accuracy
Cryptography	Silver	5	10	580	17	22	77.27%
Enumeration and Exploitation	Silver	1	3	310	4	4	100.00%
Log Analysis	Silver	3	9	450	15	19	78.95%
Network Traffic Analysis	Silver	13	28	310	17	23	73.91%
Open Source Intelligence	Silver	8	13	185	22	27	81.48%
Password Cracking	Silver	9	26	515	24	24	100.00%
Scanning	Silver	5	17	330	17	25	68.00%
Web Application Exploitation	Silver	6	13	85	2	2	100.00%
Wireless Access Exploitation	Silver	17	43	235	12	12	100.00%
Total	Silver	5	15	3150	131	159	82.39%

Requirements:

- Problem solving skills
- Network knowledge
- Web vulnerabilities
- Programming (no language preference) python
- Keep up with the Tools
- In addition: math, algorithms, protocols, Linux, shell script, automation

Forensic Challenge Tools

- Network
 - Wireshark (packet analyzer)
 - Tcpdump (packet analyzer)
 - Network Miner (network forensics analysis tool)
- File
 - 010 (hex editor)
 - Scalpel (file system recovery)

- Disk Image
 - Autopsy
 - VMs
 - FTK
- Image Steganography
 - Stegsolve
 - Zsteg

• RE Tools

- Decompilers
- IDA Pro
- Binary Ninja
- Gidra (free... from NSA)
- programmer knowledge and patience

Encoding vs Ciphers vs Hashing

- Encoding
 - o Base64
 - Morse
 - Braille
 - Fictional language
- Ciphers (Classic)
 - Atbash
 - o ROT13
 - Caesar
 - Vigener

- Ciphers (Mecanical)
 - Enigma cipher
 - Lorenz ciphers
- Ciphers (Modern)
 - Block ciphers
 - Stream ciphers
- Tools
 - John (pass. Cracking)
 - Hashcat (lots of hash types, GPU)
 - OphCrack (rainbow tables)
 - THC Hydra (online)

Tools for web app security

- Web Browser!
- Web Proxying Tool(s)
 - Burp Suite
 - Fiddler
 - mitmproxy
 - Nikto
 - ZapProxy
- <u>SQLMap</u> Automatic SQL injection and database takeover tool
- <u>Ysoserial</u> tool for exploiting unsafe object deserialization vulnerabilities
- <u>SSLyze</u> deep analysis of the SSL/TLS configuration of web servers/applications.

RESOURCES

- https://github.com/zardus/ctf-tools
- https://github.com/MrMugiwara/CTF-Tools (Repos of useful tools)

• http://icyberchef.com/ (encrypt, decrypt, base conversion, more, open source on GitHub)

https://www.kali.org/ (pentesting tools already installed on a Linux environment)

https://overthewire.org/wargames/ (practice Linux command line interface)

REFERENCES

Annual Security Conference Proceedings

Alicea, Y. (2017). Cybersecurity Competitions as Effective Cybersecurity Teaching Tools.
 In Proceedings of the Annual Information Institute Conference, Eds. G. Dhillon and
 S. Samonas, April, 18-20, 2017. Las Vegas, NV. USA.

ACM

- Nathan Backman. 2016. Facilitating a Battle Between Hackers: Computer Security Outside of the Classroom. In Proceedings of the 47th ACM Technical Symposium on Computing Science Education (SIGCSE '16). ACM, New York, NY, USA, 603-608.
- Kees Leune and Salvatore J. Petrilli, Jr.. 2017. Using Capture-the-Flag to Enhance the Effectiveness of Cybersecurity Education. In Proceedings of the 18th Annual Conference on Information Technology Education (SIGITE '17). ACM, New York, NY, USA, 47-52.

IEEE

- L. McDaniel, E. Talvi and B. Hay, "Capture the Flag as Cyber Security Introduction," 2016 49th Hawaii International Conference on System Sciences (HICSS), Koloa, HI, 2016, pp. 5479-5486.
- R. Raman, S. Sunny, V. Pavithran and K. Achuthan, "Framework for evaluating Capture the Flag (CTF) security competitions," International Conference for Convergence for Technology-2014, Pune, 2014, pp. 1-5.

THANKS!

Do you have any questions? velez.carlos.y@gmail.com



facebook.com/pupr.edu/photos/a.148331185207023/2018779091495547 facebook Universidad Politécnica de Puerto ... February 14, 2018 · 3 Un grupo de 10 estudiantes de la Universidad Politécnica de Puerto Rico obtuvo el primer lugar en una competencia altamente competitiva a nivel internacional llamada "Capture the Flag" (CTF). Esta es una competencia global fundada por el Departamento de Energía de los Estados Unidos y auspiciada por "Lawrence Livermore National Laboratory". Este año la misma llevó el título: "Cyber Fire" y contó con alrededor de 100 universidades de todos los Estados Unidos. así como otros ... See More **(1)** 195 54 Comments 87 Shares Share Newest -Idalia Estrada Felicidades a Nainleen y a sus compañeros.DLS B Gladys Hernandez FELICIDADES NAINLEEN Y COMPAÑEROS. See more of Universidad Politécnica de Puerto Rico on Facebook **Create New Account**

by **Slidesgo**, including icons by **Flaticon**, infographics & images by **Freepik** and illustrations by **Stories**

